



Connect and Grow Magazine

At Break Free Consultancy, we are about building Community.

Connect and Grow Magazine is a way for business to advertise their services. The magazine covers companies that provide services to those with an NDIS plan and those without.

We have regular writers who provide monthly articles, bringing valuable tips and strategies for health, fitness, well-being, books, events, and business listings.

We have the opportunity for your business to be featured in the magazine, sharing more about your business and how you work with your ideal clients/people.

The magazine is available as a downloadable document in our store. We also include all articles and business listings on our website. We share the articles each month.

We started the magazine in September 2023, which was 20 pages, and it has grown to over 70 pages by December 2023.

The magazine goes live on the 16th of each month, with all submissions and advertising to be arranged by the 9th of the month.

Application

To apply, you can complete the [application form](#), and then we set a time to meet to review your application.

Business Listing – Website

We also list your business on our website; you can view it here: [Business Listing](#)

We started this on 1st January 2024

We choose to work with businesses that we know we can trust and are keen to make sure people have a variety of choices without feeling overwhelmed.

You can book a FREE call with us to discuss this further. [FREE Discovery Call](#)

Our website is: www.breakfreeconsultancy.com



Other Services.

We have **Connect and Grow events** and expo's, we also help business to meet compliance with documents, policies and procedure bundles.

Internal audits and gap analysis.

Over 25 courses in Break Free Learning Centre.

In person training with business – Wellbeing in the workplace. Neurodiversity in the Workplace.

Consultation and Coaching

E: info@breakfreeconsultancy.com